

# COMMUNION SUNDAY

Please join us for a special time of communion during this Sunday's online service — from wherever you are watching, using whatever elements you choose. If you desire, you can make unleavened for your communion. Below you'll find the recipe and a short guide to make our communion event even more meaningful.

## 1. MAKE THE BREAD

Use the recipe below to make unleavened bread for our communion celebration, but please don't feel obligated. You are welcome to use another form of bread, crackers or other elements.

## 2. PREPARE YOUR HEART

Use the devotional material below to reflect on the purpose of communion and the sacrifice of Jesus.

## 3. WORSHIP WITH US

Our live service begins airing at 9am on Sunday, but feel free to watch any time afterward at [lifeatpathway.com](http://lifeatpathway.com) or at [youtube.com/lifeatpathway](https://youtube.com/lifeatpathway).



# RECIPE FOR UNLEAVENED BREAD

## INGREDIENTS

- 3/4 CUP MILK, SCALDED (SCALDED MILK IS TO HEAT IT TO AN ALMOST BOIL. YOU CAN DO THIS IN A MICROWAVE)
- 1 EGG, BEATEN
- 1/4 CUP HONEY
- 2 CUPS FLOUR
- 1/4 CUP BUTTER, MELTED
- 1 TEASPOON SALT

## INSTRUCTIONS

- BEAT MILK, HONEY, AND BUTTER TOGETHER
- ADD EGG
- GRADUALLY ADD 2 CUPS OF FLOUR AND THE SALT. THE DOUGH WILL BE STICKY. USE A LARGE 12X17 SIZE PARCHMENT PAPER TO ROLL OUT THE DOUGH
- FLOUR THE ROLLING PIN AND DOUGH. ROLL THE DOUGH TO 1/4" THICKNESS
- PLACE THE ROLLED OUT DOUGH WITH THE PARCHMENT PAPER ON A LARGE BAKING SHEET
- PRICK WITH A FORK
- BAKE AT 375 DEGREES FOR 15-20 MINUTES



# A TIME OF REMEMBRANCE

*"WHENEVER YOU EAT THIS BREAD AND DRINK THIS CUP,  
YOU PROCLAIM THE LORD'S DEATH UNTIL HE COMES"*

**-1 CORINTHIANS 11:26**

WE ARE FORGETFUL. WE CAN WALK FROM THE LIVING ROOM TO THE KITCHEN TO GET SOMETHING AND FORGET WHAT WE WERE GETTING ALONG THE WAY. WE FORGET OUR SUNGLASSES WHEN THEY ARE ON TOP OF OUR HEAD. WE EVEN FORGET IMPORTANT DATES LIKE BIRTHDAYS OR ANNIVERSARIES (DON'T LIE, WE'VE ALL DONE IT!)

JESUS UNDERSTOOD OUR PATTERNS OF FORGETFULNESS, AND AT THE LAST SUPPER ESTABLISHED A TIME OF REMEMBRANCE FOR HIS FOLLOWERS CALLED COMMUNION. TO THIS DAY WE REMEMBER HIS SACRIFICE AND HIS GREAT LOVE FOR US AS WE TAKE COMMUNION TOGETHER AS A CHURCH.

## **ACTION STEPS**

- READ JOHN 19
- SHARE THE STORY OF WHEN YOU PLACED YOUR FAITH IN JESUS WITH SOMEONE ELSE, OR WRITE IT DOWN
- TAKE SOME TIME TO PRAY, THANKING GOD FOR THE FORGIVENESS THAT WE HAVE THROUGH JESUS
- SHARE PICTURES OF YOUR BREAD AND YOUR BAKING PROCESS ON SOCIAL MEDIA (BE SURE TO TAG @LIFEATPATHWAY!)